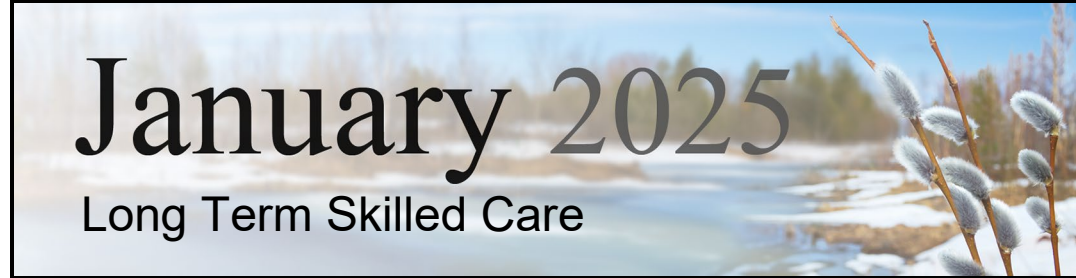





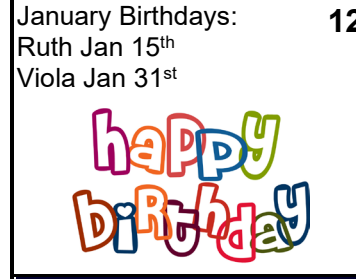












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>January 2025</h1> <p>Long Term Skilled Care</p> 			<p>No Activities! 1</p>  <p>New Year's Day</p>	<p>10:00 Kinder Cards/AR 2</p> <p>11:00 Music & Stretch/AR</p> <p>1:30 Worship w/Steve/MC</p> <p>3:00 Bingo/AR</p> <p>7:00 Foods that Built America: Snack Sized/1HFP</p> 	<p>10:00 Noodle Ball/AR 3</p> <p>11:00 Boggle/AR</p> <p>2:00 Happy Hour w/Iowa Accordion Club/PL</p> <p>7:00 A League of their Own/1HFP</p>	<p>1:30 Ladder Ball & Trivia/AR 4</p> <p>Tonja Works</p>
	<p>9:30 1:1 Activities 6</p> <p>10:00 Bean Art/AR</p> <p>11:00 Flex & Stretch/AR</p> <p>1:30 Handbells w/Kathy/AR</p> <p>3:00 Uno Cards/AR</p> <p>7:00 California Girls Seated Dance/1HFP</p>	<p>9:30 1:1 Activities 7</p> <p>10:00 Bingo/AR</p> <p>11:00 Manicures/AR</p> <p>1:30 Crazy 8's/AR</p> <p>3:00 Nail Art/AR</p> <p>7:00 Dr. Dolittle/1HFP</p> 	<p>9:30 1:1 Activities 8</p> <p>10:00 Whose Line is it?/AR</p> <p>11:00 Exercise w/Elvis's Hits/AR</p> <p>1:30 Worship w/Steve/MC</p> <p>2:00 Pocket Hugs Craft/AR</p> <p>7:00 Sweet Caroline Seated Dance/1HFP</p>	<p>10:00 Coffee w/Co-Op/PL 9</p> <p>2:00 Bingo/AR</p> <p>3:00 Pictionary</p> <p>7:00 Hallmark Movie Channel/1HFP</p> 	<p>10:00 Cards w/Friends/PL 10</p> <p>11:00 Dexterity Toss/AR</p> <p>2:00 Happy Hour w/Betty Debban/PL</p> <p>7:00 Old Time Rock & Roll Seated Dance/1HFP</p>	 <p>11</p>
<p>January Birthdays: 12</p> <p>Ruth Jan 15th</p> <p>Viola Jan 31st</p> 	<p>9:30 1:1 Activities 13</p> <p>10:00 Shadow Box/AR</p> <p>11:00 Doo-Wop Era Exercise/AR</p> <p>1:30 Men's Group: Kings Corner/AR</p> <p>3:00 Ladies Corner: Coverall/AR</p> <p>7:00 Movie:Notting Hill/1HFP</p>	<p>9:30 1:1 Activities 14</p> <p>10:00 Bingo/AR</p> <p>11:00 Puff Paint Flakes/AR</p> <p>2:00 Catholic Communion/MC</p> <p>3:30 Corner Store/AR</p> <p>7:00 Lollipop Dance/1HFP</p> 	<p>9:30 1:1 Activities 15</p> <p>10:00 Armchair Travel w/Erin/PL</p> <p>1:30 Worship w/Steve/MC</p> <p>3:00 Bubble Paint/AR</p> <p>7:00 I Heart Country Classics/1HFP</p> <p>National Hat Day</p>	<p>10:00 Chair Yoga/AR 16</p> <p>10:15 Name 10/AR</p> <p>2:00 Bingo/AR</p> <p>3:00 Where am I Trivia/AR</p> <p>3:30 Dian Fossey History/AR</p> <p>7:00 16 Tons Dance/1HFP</p> 	<p>10:00 Ben Made This Trivia/AR 17</p> <p>10:30 Make a Journal/AR</p> <p>2:00 Happy Hour w/Aaron Shoemaker/PL</p> <p>7:00 Little House on the Prairie Channel/1HFP</p>	<p>3:00 Card Game Social/AR 18</p> <p>Dusty Works</p>
<p>Happy Activity Professionals Week!</p>  <p>Activity Professionals Week</p>	<p>9:30 1:1 Activities 20</p> <p>10:00 Jenga & Hydrate/AR</p> <p>11:00 Mid-Morning Moves/AR</p> <p>1:30 Handbells w/Kathy/AR</p> <p>3:00 Test your Knowledge Word Games/AR</p> <p>7:00 Sh-Boom Dance/1HFP</p> <p>Martin Luther King Jr. Day</p>	<p>9:30 1:1 Activities 21</p> <p>10:00 Bingo/AR</p> <p>11:00 Question Ball/AR</p> <p>1:30 Go Fish Cards/AR</p> <p>3:00 Make a Snow Globe/AR</p> <p>7:00 Happy Feet Two/1HFP</p> 	<p>9:30 1:1 Activities 22</p> <p>10:00 Candyland Board Game/AR</p> <p>11:00 Name that City/AR</p> <p>1:30 Worship w/Steve/MC</p> <p>3:00 Name That Noodle Ball/AR</p> <p>7:00 Stayin Alive Dance/1HFP</p>	<p>10:00 Crustless Crème Pie Tasting/AR 23</p> <p>10:30 Chair Fitness/AR</p> <p>11:00 LCR/AR</p> <p>2:00 Bingo/AR</p> <p>3:00 21 Card Game/AR</p> <p>7:00 Jumanji/1HFP</p> 	<p>10:00 PB Smoothie & Chat/AR 24</p> <p>11:00 Move & Groove to the Music/AR</p> <p>2:00 Birthday Celebration w/Dave Wirtz/PL</p> <p>7:00 Twist & Shout Dance/1HFP</p>	 <p>25</p>
<p>The Gardens Of Cedar Rapids</p>  <p>Australia Day (Observed)</p>	<p>9:30 1:1 Activities 26</p> <p>10:00 Shake a Globe/AR 27</p> <p>11:00 Monday Fitness/AR</p> <p>1:30 Handbells w/Kathy/AR</p> <p>3:00 LCR/AR</p> <p>7:00 How Much is That Doggie Seated Dance/1HFP</p>	<p>9:30 1:1 Activities 28</p> <p>10:00 Bingo/AR</p> <p>11:00 Pool Noodle Music Beat/AR</p> <p>1:30 Crafty Corner/AR</p> <p>7:00 Carol Burnette/1HFP</p> 	<p>9:30 1:1 Activities 29</p> <p>10:00 Charades/AR</p> <p>11:00 Wacky Moves/AR</p> <p>1:30 Worship w/Steve/MC</p> <p>3:00 Group Jigsaw Puzzles/AR</p> <p>7:00 Yakety Yak Dance/1HFP</p> <p>Chinese New Year (Year of the Snake)</p>	<p>10:00 Chair Stretching/AR 30</p> <p>10:30 Feb. Happenings/AR</p> <p>11:00 Daily Gratitude/AR</p> <p>2:00 Bingo/AR</p> <p>3:00 Resident Council/AR</p> <p>7:00 Movie: Max/1HFP</p> 	<p>10:00 Relaxing Stretches/AR 31</p> <p>11:00 Pile Up Game/AR</p> <p>2:00 Special Guest Austin Green/PL</p> <p>7:00 Jailhouse Rock Dance/1HFP</p>	<p>Activities are Subject to Change!</p> 

PL- Piano Lounge, FP- Fireplace Area, CR- Conference Room, H- Hallway, MC- Memory Care, O- Outing, AR- Activities Room, DR- Dining Room, 1HFP – 100 Hall Fireplace